

# Fort Lewis College Psychology Department

2025+ Graduation Requirements & Checklist



## Overview

To earn a BA in Psychology, you need these credits from these two areas:

- I. Liberal Arts Core (33 credits total)
- II. Psychology Major Requirements (45 credits total, see **A**, **B**, and **C** below)

## A. The Core Program: 15 credits needed

All Psychology Core courses are required and must be completed with a grade of C- or better to advance to the next course (for example, a grade of C- or better in PSYC 301 is a prerequisite for PSYC 496). Use the form below to track your progress.

Course #	Course Title	Prerequisites/Other Information	Semester Completed
MATH 132	Elementary Statistics	Also counts toward your Liberal Arts Core!	
PSYC 157	Introduction to Psychology	None	
PSYC 200	Psychology as a Major and Profession	PSYC 157, CO1 (Comp)	
PSYC 301	Psychological Research Methods	MATH 132, PSYC 157, PSYC 200, any CO2	
PSYC 496	Senior Research Experience	Requires PSYC 301, Senior Standing (90+ credits completed), and instructor application the semester prior	

## B. Breadth Areas: 18 credits needed

You must complete at least 6 of the courses below, including at least 1 from 5 out of the 6 Breadth Areas below.

- Breadth Area 1: Developmental Psychology
- Breadth Area 2: Social & Community Psychology
- Breadth Area 3: Mind & Brain Psychology
- Breadth Area 4: Clinical & Counseling Psychology
- Breadth Area 5: Psychology of Diversity
- Breadth Area 6: Worldviews in Psychology: Past and Present

Course #	Course Title	Prerequisites/Other Information	Breadth Area	Semester Completed
PSYC 254	Lifespan Human Development		1	
PSYC 303	Adaptive Value of Stories		1	
PSYC 354	Child Psychology		1	
PSYC 356	Adolescent Development		1	
PSYC 442	Intimate Relationships	PSYC 301	1	
PSYC 290	Political Psychology		2	
PSYC 311	Service Learning in Psychology	Instructor application required	2	
PSYC 384	Compassion		2	
PSYC 425	Social Psychology	PSYC 301	2	
PSYC 426	Stereotyping and Prejudice	PSYC 301	2	

PSYC 222	Psychology of Sleep		3	
PSYC 327	Physiological Psychology	PSYC 301	3	
PSYC 330	Animal Behavior: Ethology	PSYC 301	3	
PSYC 408	Neuropsychology		3	
PSYC 440	Cognition		3	
PSYC 444	Evolutionary Psychology	PSYC 301	3	
PSYC 342	Psychological Testing	PSYC 301	4	
PSYC 387	Abnormal Psychology	Junior standing required	4	
PSYC 393	Health Psychology		4	
PSYC 394	Field School in Clinical Psych	Instructor application required	4	
PSYC 415	Group Psychotherapy	Junior standing required	4	
PSYC 420	Counseling Skills	Instructor application required	4	
PSYC 422	Psychology of Addictions		4	
PSYC 282	Human Sexuality	AKA GSS 282	5	
PSYC 305	Psychology of Intuition		5	
PSYC 374	Cross-cultural Psychology	PSYC 157	5	
PSYC 331	Indigenous American Psychology		5	
PSYC 450	Bilingualism in Society		5	
PSYC 474	Multicultural Counseling		5	
PSYC 288	Positive Psychology		6	
PSYC 302	Forensic Psychology		6	
PSYC 366	Ethics in Healthcare	Junior standing required	6	
ES 375	Sport and Exercise Psychology		6	
PSYC 383	History of Psychology		6	
PSYC 481	Current Trends in Psychology		6	

### C. Additional Psychology Courses: 12 OR 15 Credits needed

You need additional psychology coursework beyond above requirements...

- for at least 12 credits if you've taken courses from all 6 Breadth Areas,
- OR at least 15 credits if you've taken courses from only 5 out of 6 Breadth Areas.

Courses may be chosen from any offered by the department OR accepted as transfer psychology courses with the exception of Independent Study (PSYC 299 or 499).

**NOTE: A minimum of 18 total hours must be upper division (including PSYC 301 & PSYC 496 but not including PSYC 499).**

Course #	Course Title	Prerequisites/Other Information	Semester Completed
PSYC ____			
PSYC ____			
PSYC ____			
PSYC ____			

### Psychology Minor Requirements: 18 PSYC Credits Needed

- Must include PSYC 157
- Must include at least 9 credits of upper level PSYC courses

### Total Credits Required to Graduate from FLC: 120

- 36 credit hours must be from upper-level courses (i.e., 300 or 400 numbers)
- **Important Note – Apply to graduate with the Records Office by week 2 of the semester in which you plan to graduate!**